

MARK YOUR CALENDARS!  
**BECOMING THE STILLNESS BETWEEN THE BREATHS**  
is scheduled for FIVE DATES in 2018

Alhamdulillah, Murshid Wali Ali Meyer is continuing to offer advanced practices in opening into spaciousness in 2018 as a follow-up to the God Is Breath series. These day-long classes can be fruitful even if you have not completed the God Is Breath classes, so do join us if you can.

The dates are all scheduled for Saturdays and will be held in the Mentorgarten at 410 Precita Ave., San Francisco, CA.

January 13  
March 10  
May 26 (Memorial Day weekend)  
Sept. 8  
December 1

Housing may available at Khankah SAM [<http://www.ruhaniat.org/index.php/ksam-guesthouse>] or at nearby Air BnB's. Check out the KSAM calendar [<http://www.ruhaniat.org/index.php/ksam-calendar>] for other events happening around these dates: Fragrance of the Rose? Dances of Universal Peace? Dharma Night? They may all be at your fingertips when you visit.

**RECORDINGS AVAILABLE**

If you're not able to join us in person, recordings of the following classes are available:

Becoming the Stillness Between the Breaths - \$40 per day-long recording  
Dharma Night - \$20 per month's worth of recordings (classes are typically held weekly)  
God Is Breath - \$40 per day-long recording\*

\*with the option of joining a virtual prayer wheel that meets monthly to share the practices & teachings

Contact Barakat if you are interested: [barakatcb@gmail.com](mailto:barakatcb@gmail.com), 928-717-2017