



Monday Night Dharma Class with Murshid Wali Ali Meyer

**Every Monday Night from 7:30 – 9:00 PM
at the Mentorgarten
410 Precita Avenue, San Francisco CA**

**Zen teachings focused on the extraordinary approach of the Zen Master
Sokei-an Sasaki from whom Samuel Lewis received the Dharma
transmission. The class will include a meditation period; use of ko-ans, study
of Sokei-an's translation and commentary on
the Sutra of the Sixth Patriarch, and more.**

**suggested donation \$10-20
for more information contact tawwaba@gmail.com**



Sokei-an Sasaki was the Zen teacher from whom Samuel Lewis received the Dharma Transmission. Sasaki's method was soul to soul communication, a meeting in the Buddha nature that is present but un-awakened in most of us.

Nyogen Senzaki was on the West Coast and Sam learned to perfect his skill in meditation and ability to unravel ko-ans with him. Sam would meet Sasaki in 1931 in New York City a few months after this Zen Master would open his zendo. Both Sasaki and Both Sasaki and Senzaki were of the same direct

lineage as Soyen Shaku who introduced Buddhism to America at the Chicago Exposition before the turn of the 20th century.

The lineage of the Sufi Ruhaniyat started by Samuel Lewis is blessed to have a deep strain of Buddhist transmission woven into its heart. There was little to no writings of Sokei-an available during Sam's lifetime. Now they are available, and very inspiring. I think he gives the clearest exposition ever of Zen Buddhism and points the way directly to Buddhahood

Wali Ali studied this new material as part of the biography on Samuel Lewis that he is writing. Now he is inspired to start a class on these teachings and practice.

The class will include deeply absorbing Sokei-an's teachings in his translation and commentary on "the Sutra of the 6th Patriarch", his lectures embodied in a work called "The Zen Eye", and his autobiography "Holding the Lotus to the Rock". We will meditate according to Sokei-an's instructions, which will include incorporating several basic ko-ans. As Sokei-an liked to say "Everyone is welcome, and no one will be pursued if they leave."

The classes will be recorded. If interested in obtaining these recordings please contact Ali Charles alicharles@ruhaniyat.org